

## ***The Seven Levels of Perception***

*1) 'Me, myself, and I'. This would be the first dimension that you might say you are born with. In other words, at birth this is all a baby would understand. I am this thing that hurts, feels good or bad, feels empty-needs food, feels uncomfortable, wet or messy. So, either I want something, or I don't like the way I feel.*

*2) I now see you (mostly mom), or other people and things. But they are there, and I am still here. Mom comes. End of perception.*

*3) Now I notice others or living things, and that they move and hurt also, but I still only know my hurts, I do not yet know yours.*

*4) After much trial and observation, I can now understand how you feel. This is done through empathy, sympathy, caring to be part of your life and others, a sharing of lives and living things. This often times includes the earth and all that is in it. Being.*

*5) I have now extended my vision beyond the ordinary senses, and through prayer, meditation, inspirational insight, the sudden realization of similarities between all things together or separate, living or stone, all moving in the same direction under the same force. I cry out to this energy for guidance, wisdom, and belonging. Some of us call it the force, some science, some the living universe, some of us call it our God or the Heavenly Father. If virtue is what I seek, then it must first begin with me.*

*6) This dimension is when you notice, sense, feel, witness, dream, see visions, receive premonitions, déjà vu, or prophecies. This is when you realize that you've been touched by the energy that surrounds us all, far beyond the human existence. You can sometimes feel the forest talking to you, or feel the presents of another person's aura. Sometimes you may be allowed to see the future, but you are not to interfere. Other times you may be called to a task that is yours, not to question, but to fulfill, for each of us are approached differently. You know it is yours because it fits to your personal abilities, understanding and urgent necessity to the need of the time. All of us have been given an*

*equal chance at life from out of atoms, what does this gift mean to you? As a question once posed, 'What great thing would you attempt if you knew you could not fail?' The only difference from your outcomes would be whether you responded only for yourself, or for the sake of progression, wisdom, and fulfillment.*

*7) This dimension is as you once were, and as you shall be once again, united with the coexistence of all things. You might even witness this dimension during your life time, but it is not meant for you just yet. It's a wonderful thing to be able to see yourself, your loves, your family, your lifeline, all life around you, the earth, as much of the universe as you can perceive, and the energy that binds them,..... all at the same time.*

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